



# The Beacon

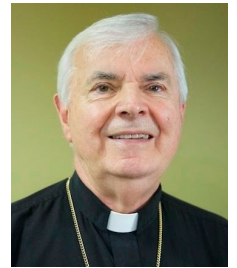
May 2017

Newsletter of Christ Lutheran Church, Scituate, MA

[www.clc-scituate.org](http://www.clc-scituate.org)

781-545-5271

## *From Our Interim Pastor Robert Schipul*



Easter Joy and Peace be to you from our Risen Savior, Jesus Christ!

My dear fellow members of Christ Lutheran Church; since we began the search process our major focus has been on finding or being led by the Holy Spirit to a new shepherd with two thoughts in mind. Number one has been how will he minister to US, (ie) what gifts and talents does he bear which will enable him to be our spiritual leader? Number two has been whether we can support a full-time shepherd given our track record for giving back to the Lord during the recent past? One speaks to ministry of Word and Sacrament and Care; while the other speaks to a reality which the majority of churches in America are experiencing at the beginning of the 21<sup>st</sup> Century.

***These two questions have pre-occupied us as being the most important in terms of priorities in our search.*** We would call this due diligence on our part. But what about the pastoral candidates we interview? What concerns do they bring to a possible Call and changes in ministry? What is the culture of our church? What keeps people coming back? What sets Christ Lutheran Church apart; makes it unique, valued, worthy of being a faith community in Scituate and the greater South Shore? *This is what we bring to the table.* When a prospective shepherd looks at our flock, what does he see in terms of need and in terms of strength?

You see, the search goes both ways. None of us are impartial observers but we are all participants in the Search Process. **The Holy Spirit is not only leading us to Calling a worthy Shepherd, but also calling us to be worthy sheep.** Not just in the fact that we have needs to fill, but that we have talents, commitments to give, and a love for Him and the Lord's mission to be shared with others who do not know Him yet.

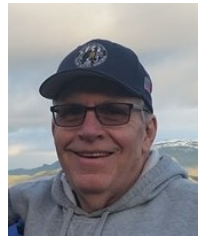
On May 7 our congregational meeting will focus on the progress made so far in our Search and also our progress in terms of a congregation, not just waiting for a new servant but a congregation capable of serving others. If we are asking for much more than a caretaker then we must be ready to join him in care for others. May the Lord bless us to that end!

In His Service,

Pastor Bob Schipul

# From the President

Dear Brothers and Sisters in Christ,



I would like to first begin by thanking Pastor Schipul for his leadership of the four s services during Holy Week. On Wednesday of Holy Week Pastor Bob presided at the Funeral of his brother Emil. We are truly blessed as a Congregation to have such a dedicated Pastor. Easter Sunrise Service was extra special, the weather was great and the sun bright. The Scituate Mariner was there along with 400 plus Christians and Obadiah. The Mariner wrote a nice article and included a picture of Obadiah next to the Cross on the sea wall. Pastor Schipul and CLC were mentioned in the article. What a wonderful way for us to share our love of the Risen Christ to the Community. Thank you to all who helped by placing the Cross, printing and handing out Bulletins, setting up the Sound System, and supplying and serving the Coffee and Donuts. A special thank you to Rob Schipul for providing the music.

The Search Committee has recommended Pastor Andrew Sorenson to Council to initiate the call process. After an in depth presentation was made by Search Committee member Dick Johnson, the Council voted unanimously to proceed and bring the recommendation forward to the May 7, 2017 Congregational meeting. Please plan on attending this most important meeting!

The Artisan Fair chaired by Holly Gay will take place the day before Mother's Day, May 13<sup>th</sup>. This is an opportunity to share your time and talents. Holly will need bake goods to sell on the Church Bake Table, people to man the Raffle table, and cook helpers. All helpers and Artisans will be treated to lunch thanks to our friends at Thrivent Financial. If you would like to help call Holly @ 781-264-1690 and see me for a special shirt to wear the day of the fair. Obadiah has already volunteered to help.

Please keep the Schipul family in your prayers for the passing of Bob's Brother Emil.

Always in His Service,  
President Joe



# Parish Nurse



Spring has sprung! And it is a great time to get up and get going; and a great time to make changes in our behaviors and even commit to new resolutions. How are you celebrating this new life happening all around?

The **Patriot Ledger**, weekend of April 15<sup>th</sup> caught my eye: "Dieting as a couple? How to keep it from ruining your relationship." Very many of us have had the experience of needing to drop pounds of varying amounts at various times of our lives. It is hard! And the more, the harder, I think. Besides misery loving company, behavior change is easier with support. A partner keeps you from feeling alone, helps you stay on target, and generally makes the process easier. That is unless, of course, you decide to compete. That is a bad plan.

If you engage in a partnership diet plan you need to have your own plan and goal—all diets are not for everyone and you should choose the one that is right for YOU. Do not compare pounds lost, concentrate on behaviors that are helpful or harmful to your effort. If you notice your partner doing something healthy you can choose to copy his or her behavior, or not, and certainly you should praise his/her effort. Maybe pick behaviors that are good for each of you and work on them together such as packing lunch for work and eating more veggies at meals and during the day.

If competition is needed to progress, try positive competition like choosing a behavior or mind set to copy or do better. Sweets and treats are important to maintain forward movement with your plan. Do not make your diet so limited that it is sure to fail. Have a treat when you need/want it (not every day, though). Nagging is not on. The more nagging that goes on, the less the desired behavior is seen. You both have goals – concentrate on your behavior/choices, not critiquing your partner. What you eat, how you exercise and how you organize your life to meet your weight-loss goals are individual choices. They have to be to make sense and feel right if they are to be successful. Respect that of each other.

If you are partnering, be sure to strategize – discuss your plans with each other so each knows what the other is planning. Encouragement is easier when you each know what needs to be reinforced. Be nice to each other (not co-dependent nice like favorite candy or ice cream) offering complements and encouragement often. Buy more veggies for snacks and less stuff you will grab because it is there. Have fun along the way – go out on a date without a meal involved. Losing weight could be fun..maybe..

I do not often write about kids because I do not know so much about them. But I am thinking there are some of our children who are candidates for childhood diabetes and deserve a partnering parent(s) to achieve some weight loss. These same rules can apply: Sharing goals, providing good alternative foods, finding new behaviors, rewarding successes, and being in relationship with them in a meaningful way. Treats can be included and are powerful motivators. It is a whole lot easier to change eating behaviors in children than it will be for them as adults. Give them a hand and your love.

Journeying together can "create healthier habits and strengthen relationships. Supporting each other, having fun and being honest are the keys to making it work."

Praying for your good health,

*Janet*

# *Elders*

## Is It Time To Stretch Beyond Your Comfort Zone?

In Ephesians 2:10, it tells us that we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

We have each been given a purpose, we don't have to look for one or try to find one. We can actually create our purpose because God has empowered us through His Holy Spirit to do so much more than we realize. We just need to grab hold of what is inside us and decide that it is time to follow Him, stop waiting, and start doing. If we never try then we have no idea what we are capable of or what abilities we may have hidden inside ourselves. God places opportunities in front of us throughout our lives where He gives us the chance to serve our purpose. If we feel unqualified to step up and serve in this way that is where faith comes into play. We have to trust that God will equip us, give us the necessary strength, knowledge, wisdom, resources, and the people to make it happen.

Our life purposes change as we move through our lives. We start as children, students, move on to careers, marriages, become parents, help aging parents, experience empty houses when children leave, retire, become elderly, and eventually go on to join our Lord. Our priorities and purposes change again and again.

But every day there is a new chance with multiple opportunities in it to fulfill your purpose and to walk the path that God created you for - and since God created each and every one of us unique, special, and different, that means we each have our very own purpose that is ours and ours alone. So, is today the day that you decide to try and stretch beyond your comfort zone and get up and follow God?

Submitted with Love in Christ,  
Your Elder,  
Barb

# *Notes and What's Happening*

**SAVE THE DATE**  
**SATURDAY, MAY 13**

Saturday, May 13  
Artisan Fair 2017  
See Holly (Hess) Gay  
for more information

## *Anniversary in May*



9—Bob & Jean Himberg  
19—Rob & Monica Schipul  
21—Jason & Whitney Stuhler  
28—David & Kathy Dubois



## *Birthdays in May*

1—Emerson Stuhler  
5—Andria Hanafin  
6—August MacNeil &  
Abbey Slekis  
9—Ruth Mullen  
13—Karla Zimonja  
15—Kaitlin Johnson &  
Joby Lanza  
16—Carol Zimonja  
17—Ryan McWilliams  
22—Kerrigan Stuhler  
28—Jim Jilg  
29—Larry Francis



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**SATURDAY, May 13**

### **Scituate Post Office Food Drive**

Volunteers age 15 and over are  
NEEDED to help sort and pack  
Donations.

Please call Barbara Stieglitz  
781-545-4639

Or see Barb Johnson

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# ***2017 EASTER EGG HUNT***





# May 2017



**Sunday, May 7**

**4th Sunday of Easter**

Greeters: The Nuboer Family

Ushers: Bruce Buening & Dick Johnson

Lector:

Comm. Asst: Joe Kelley & Andrea Hunt

Altar Guild: Marybeth Francis

Hostess: Michelle Berreth

**Sunday, May 7**

Quarterly congregational meeting after worship

Scrip orders due

**Tuesday, May 9**

Council Mtg. 7 pm

**Sunday, May 14**

**5th Sunday of Easter**

Greeters: The Johnson Family

Ushers: Larry Francis & Cheryl Foote

Lector: Charlie MacPherson

Comm. Asst: Bruce Billings &  
Charlie MacPherson

Altar Guild: Elsa Ryberg

Hostess: Janet Schmitz

**Friday, May 19**

May Beacon Articles Due

**Sunday, May 21**

**6th Sunday of Easter**

Greeter: Milt Thompson

Ushers: Doris Leshner & Joe Kelley

Lector: Bart Nuboer

Comm. Asst: Milt Thompson & Cheryl Foote

Altar Guild: Karen Kelley

Hostess: Marybeth Francis

**Sunday, May 28**

**7th Sunday of Easter**

Greeters: The Zimonja Family

Ushers: Bart Nuboer & Dick Johnson

Lector: Fred Zimonja

Comm. Asst: Joe Kelley & Andrea Hunt

Altar Guild: Michelle Berreth

Hostess:

**Monday, May 29:**

Memorial Day observed

## Weekly Events

**Zappolo Bible Study**

1<sup>st</sup> & 3<sup>rd</sup> Tuesdays at 7 pm

**Weekly Prayer Service**

Thursdays at 7 pm

## **QUARTERLY CONGREGATIONAL MEETING SUNDAY, MAY 7 IMMEDIATELY FOLLOWING WORSHIP**

It is a very important meeting, and all members are encouraged to attend. If you have any questions, please contact Joe Kelley.





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Christ Lutheran Church  
460 Chief Justice Cushing Hwy.  
Scituate, MA 02066  
[www.clc-scituate.org](http://www.clc-scituate.org)



## Scituate Food Pantry - Post Office Food Drive May 13, 2017 Volunteer Help Wanted!!

The Scituate Food Pantry provides approximately 220 families with over 5,000 bags of food a year. This Post Office Drive is our major source of food donations.

We are in need of volunteers age 15 or older from 1:00 pm to 4:00 pm and from 4:00 pm to 7:00 pm on Saturday, May 13th to help sort and pack the donations from the Postal Drive at the Masonic Temple on 344 Country Way in Scituate.

The second shift is when the most help is needed. Those who have not volunteered before need to attend a brief training session at either 7:00 pm on Wednesday, May 10th or at 10:00 am on Thursday, May 11th.

Barbara Stieglitz, Food Pantry Director and  
Barb Johnson, CLC Food Pantry Rep.